

To go to the site, click on the title/link.

The links below are presented as way to assist you in your preparation and living of the Lenten Season. Some of the links will take you to sites where you can sign up for daily emails. Enjoy! (As always, when visiting sites outside of OLP, we cannot guarantee the editorial content. All links have been checked to make sure that they are live and accurate. Enjoy!!!)

[Praying Lent in 2018](#)

[More than Giving up Chocolate](#)

[Best Lent Ever by Matthew Kelley](#)

This link will take you to the Dynamic Catholic web site where you can sign up for the “Best Lent ever” email.

[Lent Reflections by Bishop Robert Baron](#)

This link will take you to the Lenten Gospel reflections email.

[Living Lent Daily](#)

[Choosing Lent, Acting Lent](#)

Topics at this site include:

Symbols in our home

Our service for and with the poor

Spring cleaning for Freedom

Family Conversion ---Relationship Conversion

Realigning our priorities

[What to do before Lent begins](#)

[Ash Wednesday in the Catholic Church](#)

[Fasting: A powerful Spiritual Tool](#)

Topics in this site include:

Prayer, Fasting, and Almsgiving: The Swiss Army Knife of the Spirit

Voluntarily avoiding something good

Lenten Fasting and Penance

[All about Lent](#)

Topics in this site include:

Basic Facts about Lent